

Breakfast Menu : October 2026

WEEK ONE

Date Week	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 5th-9th	Oatmeal Boiled Eggs Blueberry Muffin banana Milk	Oatmeal Turkey Bacon Pancakes syrup apple slices Cup Milk	Oatmeal Scrambled Eggs homefries /Fruit Cup Milk	Oatmeal Turkey Bacon Corn Muffin /Fruit Cup Milk	Cold Cereal Sliced Bread w/ Butter or Jelly Fruit Cup Cold Milk

WEEK TWO

Date Week	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 12th-16th	Oatmeal Boiled Eggs Blueberry Muffin banana Milk	Oatmeal Turkey Bacon Pancakes syrup apple slices Cup Milk	Oatmeal Scrambled Eggs homefries /Fruit Cup Milk	Oatmeal Grilled Cheese Sandwich Fruit Cup Milk	Cold Cereal Toast w/ Butter or Jelly Fruit Cup Cold Milk

WEEK THREE

Date Week	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 19th-23rd	Oatmeal Boiled Eggs Toast w/ Butter or Jelly Fruit Milk	Oatmeal Turkey Bacon Home Fries Fruit Cup Milk	Oatmeal Scrambled Eggs homefries Fruit Milk	Oatmeal Turkey Bacon Blueberry Muffin Fruit Cup Milk	Cold Cereal Corn Muffin Fruit Cup Cold Milk

WEEK FOUR

Date Week	Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 26th- 30th	Oatmeal Boiled Eggs Toast w/ Butter or Jelly Fruit Milk	Oatmeal Grilled Cheese Sandwich Fruit Milk	Oatmeal Scrambled Eggs Pancakes Fruit Milk	Oatmeal Turkey Bacon Home Fries Fruit Milk	Cold Cereal Toast w/ Butter or Jelly Fruit Cold Milk

WEEK FIVE

Date Week	Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 2nd- Nov. 6th	Oatmeal Scrambled Eggs homefries /Fruit Cup Milk	Oatmeal Turkey Bacon Blueberry Muffin Fruit Cup Milk	Oatmeal Scrambled Eggs Pancakes Fruit Milk	Oatmeal Boiled Eggs Toast w/ Butter or Jelly Fruit Milk	Cold Cereal Toast w/ Butter or Jelly Fruit Cold Milk

Meal Program Notice

Please be advised: School meals are subject to change based on the availability of menu items and ingredients. Menu substitutions may be made as needed.

If you have any questions or concerns regarding the Meal Program, please contact: Sis. Nur Abdullah at foodservice@thesunnah.org.